



FOUNDATION 61 INC

ANNUAL REPORT

2014 -2015

Introduction:

Foundation 61 is inspired by the vision of the Old Testament prophet Isaiah for a compassionate society in which those excluded from the mainstream could once again find their place.

“The spirit of the Lord is upon me, because the Lord has anointed me to preach good news to the poor. He has sent me to bind up the broken hearted, to proclaim freedom for the captives and release from the darkness the prisoners.” (Isaiah 61)

These words, derived from the law pronounced by Moses (Deuteronomy 25) and echoed in the preaching of Jesus (Luke 4), provide the basis of our mission:

To work for an inclusive society by supporting people with life controlling issues and strengthening the communities from which they come.

We provide a holistic approach to individuals with life controlling issues which aim to support them on their journey of recovery. Our goal is to provide the resources and life skills that will enable individuals to rebuild their broken life.

We engage with and participate in disadvantaged communities in order to strengthen those communities and create better places to live. Our goal is to work in partnership with residents to build the social and economic fabric of that community.

Foundation 61 began in response to the needs of people dealing with life controlling issues – issues which are often, but not exclusively, associated with the use of drugs and alcohol. Our first initiative was to establish a live-in community offering hope and direction for residents in 2005.

The Foundation 61 Drug & Alcohol Rehabilitation Program aims to address the problems of addictive behaviors in society through:

- The provision of supported accommodation and a recovery program for people suffering from addictions
- Provide a program that responds to the individual needs and issues of participants in a caring and flexible manner
- Offer participants who have experienced a significant life crisis an opportunity to address the difficulties they face in a safe environment
- Provide participants with the opportunity to develop life skills that are changing and permanent
- Assist participants reintegrate into their community

Foundation 61 is a not-for-profit community based organisation incorporated under the Associations Incorporation Act (1981). It is endorsed by the Australian Tax Office as a Tax Concession Charity with Public Benevolent Institution status.

Reports:

Foundation 61 Program

July 2014 – June 2015

Perspectives from the Program Director – Rob Lytzki

Men's Program

With the upgrades to the property we have now been able to increase our capacity to 12 participants with the aim to fill the 15 beds in the near future as funding and volunteers become available.

A number of newspaper articles and radio interviews over the past 12 months have lifted our profile within the local and wider community, this has seen a large spike in the number of intake enquiries with anything up to 5 per day. I have also had the opportunity to attend a number of community forums where I have had the opportunity to speak; these have included Our town's Ice Fight and GTEC. In addition we have had a number of local politicians who have visited the property including, Andrew Katos, Richard Marles, Tim Bull and Sarah Henderson.

Our program continues to offer a well-rounded approach to recovery seeing our days full with various activities that include recovery based groups, personal development groups, life skills and physical wellbeing.

Certificate 1 in vocational training continues to be offered to all participants, providing practical training and skills for participants to enter back into the local workforce.

We have recently started training on Tuesday afternoon / evening through AGB for Staff & Volunteers. We have 4 students enrolled in CIV AOD and Mental Health and 8 students enrolled in a diploma of Counselling. Wendy and I are facilitating this training.

We have welcomed two new part time staff Gerard and Ian who have been valuable in sharing the load.

We are thankful for the partnership with Thrive Community in making available the use of the property at Wirksworth St for participants transitioning back into the community. This provides a safe next step in the recovery journey for those needing accommodation.

Foundation 61 would not run as it does without the input of our staff and many volunteers and each one brings individual and valuable experience to the program.

Community development and outreach

Counselling

I continue to use the Once Care facility in Geelong West every Wednesday afternoon for Counselling a number of Individuals.

Whittington Community Lunch

With the help of our volunteers we continue to provide a free two course meal at Whittington every Monday during the school terms. Our team serves up around 60 meals to a cross section of people from the community meeting a variety of needs.

This provides a great opportunity for us to have a face in the local community and to connect with individuals in a relaxed setting.

Food Hampers

Food in abundance – with the food that comes in through Second Bite and Hunger for Knowledge we continue to provide food assistance to a number of Individuals through the week. The participants make up hampers that are then distributed through various sources. We are helping families, individuals and others communities on a regular basis.

Open Day 2015

With the completion of renovations we held an open day Saturday 9th May. Although the weather was a bit wild a good number of folks came out to celebrate the completion of stage two renovations. The day was focused on family with jumping castle, face painting and craft activities in the art room. Chef Rick and team pumped out pizza and scones for our guests to enjoy.

Building Works & Program Development

Stage two extensions are now complete and the property has undergone some major transformations.

We honour the Foundation 61 participants and all the trades' people who gave time and skill to see this project through to completion.

Recently completed was our walk in freezer seeing our four large chest freezer's combined into one. This has allowed us to easily sort and store the abundance of food that has been donated through Second Bite. On completion of the freezer a palate of frozen food was delivered, sorted and stored.

Currently in progress is the upgrade to our gym with a grant of \$8000 from the Geelong community Foundation and an additional significant gift from the Rockefeller family in memory of Charles Kaiser. This has allowed us to re floor the gym, as well as purchase and upgrade tired equipment.

In looking to the future I am now turning my thoughts to how we can best meet the needs of women in our community. Part of our vision has been to open a women's facility in Geelong (very much needed). I now feel that it is the right time for us to start to explore how this looks and how we can move forward and see it become a reality.

In closing, I express my sincere thanks to all who have been and are part of the Foundation 61 journey. In particular thanks to our directors who work tirelessly behind the scenes and provide valuable support to myself and the ministry.

Rob Lytzki
Foundation 61 Program Director

Perspectives from the Coordinator of Women's Services – Wendy Gibson

Over the past twelve months we have journeyed with many women through our groups, social activities, counselling and Women's retreat.

Our Art therapist Tanaya finished up with us part way through this year and she is now focused on her family and the birth of her baby. She has been an inspiration to the participants and students and established a thriving Art therapy group which I am now leading. To equip me further I am studying a Certificate in Art Therapy. We continue to have a number of students doing placement, their studies include Dip Counselling, Dip Art Therapy, Bach Counselling & Coaching and Certificate IV AOD & MH. Their contribution to the group has been valuable in encouraging self-development in participants and sharing knowledge and skills practice.

Glenys led our Bible Study group until early this year as her work and church commitments increased. We are thankful for her insight, maturity and the encouragement that she has been to us over the years that she has been a part of Foundation 61 and we wish her well in her future ministry opportunities. The group has continued to meet on Monday evenings over a meal and our study has focused on Grief recovery. Debbie and Sheree have been encouraging facilitators for the women who attend. A number of women continue to receive Counselling and food hampers. Karen and Debbie have organised a number of social opportunities for the women to get together.

Our 2014 Women's retreat was a success with twenty women attending. Kate Paunavich from Planet Shakers Church was our guest speaker and our theme was 'the Ripple Effect' and it was a great opportunity for the women to enjoy time together at Camp Wilken in Anglesea.

Wendy Gibson

Foundation 61 Women's Ministry Co-ordinator

Committee of Management:

David Willder B.Com, CA. CTA (Chairperson)

David is a partner of WMC Accounting with offices in Geelong & Colac and has been previously with KPMG Accountants working in the Corporate Recovery services, administering receivership and liquidation services. He is currently Treasurer of Colac Area Health (Hospital) and Treasurer of GAWS and was previously on the Board of OneCare Geelong. David has worked as a panel beater and in a family business. He owns Class Embroidery Geelong.

Colin Brown B.Sc (Ed) (Secretary)

Colin trained as a Secondary School teacher of mathematics and science. He moved into the Principal Class in 1991 and had a range of roles including Campus Principal, Assistant Principal and College Principal up until his retirement in early 2006. Since that time Colin has been involved as an Educational Consultant in a range of areas, including School Reviews and Project Management for the Victorian Department of Education and Early Childhood Development.

Alan Roy FCPA (Treasurer)

Alan is a qualified Accountant and has worked in financial management in the UK, South Africa and Australia. Since arriving in Australia in 1987 he has held Senior Management roles in two Public Companies. Alan has also worked in the area of Financial Planning and Taxation.

Hal Bissett AM, BSc (Hons), DipEd, BD

Hal is trained in science, education and theology. Over the last two decades however he has been involved in the community housing sector having established and led a number of community and church based housing services. Today he provides a private consultancy service specializing in strategic and business planning and project development in the growing area of affordable housing. His clients are private developers, state and local governments and Housing Associations.

Frank Pollock

Frank trained as a Telecommunications Technical Officer. After moving from the Public Sector to the Private Sector he moved into management. He had a number of management roles up until his retirement in 2007. His final full time role was that of General Manager Operations and Support (Australia) managing 350 staff in a large multinational company. Frank continued in a number of roles in consultancy and small business on a part time basis until his final retirement in 2014. Frank has also served in many church leadership roles over the past 30 years.

Wayne Henderson B.Com CPA

Wayne is a qualified Accountant and has run his own consultancy firm for the past 10 years. Prior to starting his own business Wayne worked in the banking and finance industry for 20 years at senior levels in the corporate lending area. As a consultant he has been involved in large scale property development, project

management, organisational administrative functions and affordable housing projects.

Kaye Ward *BA, BSW, Dip Ed*

Kaye is a qualified Mental Health accredited Social Worker and Family Therapist. She has over 30 years' experience in providing counselling to people from all walks of life and from all backgrounds. She also has over 20 years' experience in the management of community service agencies in both the family violence area and low cost community counselling services.

Foundation 61 Inc
Financial Statements
For the year ended 30th June 2015