



FOUNDATION 61 INC

ANNUAL REPORT

2015 -2016

Introduction:

Who we are...

Foundation 61 is a not-for-profit community based charity that seeks to provide healing and hope for people affected by addiction. It is incorporated under the Associations Incorporation Act (1981) and is endorsed by the Australian Tax Office as a Tax Concession Charity with Public Benevolent Institution status.

It was founded in 2005. Since then we have established ourselves as a recognised community service organisation in the health sector.

We run Geelong's only long stay residential based drug and alcohol rehabilitation centre.

Foundation 61 is well known by the drug and alcohol sector in Geelong, has a broad base of financial and volunteer support and a well designed facility with long term tenure.

Mission

Our mission is to empower people who are confronting addictions, whether it is to drugs, alcohol, gambling or any other life controlling issue, to experience healing in their lives and contribute positively to mainstream society.

Motivation

We are motivated by the Old Testament prophet Isaiah who painted a vision of society in which the excluded were liberated from their oppression and transformed emotionally, physically, socially and spiritually.

The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to preach good news to the poor. He has sent me to bind up the broken hearted, to proclaim freedom for the captives and release from darkness for the prisoners.

Jesus of Nazareth quoted these words as the foundation of his own ministry and the future for which he worked.

Values

Our values, while inspired by biblical texts, are consistent with modern aspirations for good practice in human service delivery.

We value:

- The dignity of every human being and the inherent respect due all people.
- A strength based model based on compassion and care that will assist people to transform their lives.
- Personal responsibility and the right to make choices which impact on one's own life.
- Community life and participation model rather than an institutional medical environment.

- Honesty and transparency in decision making and management.
- Person centered flexible delivery of our programs.
- The contribution of staff and volunteers.

Programs

We fulfill our mission through the delivery of a Residential Rehabilitation Program that includes:

- The provision of supported accommodation and a recovery program for people suffering from addictions.
- A program that responds to the individual needs and issues of participants in a caring and flexible manner.
- Offering participants who have experienced a significant life crisis an opportunity to address the difficulties they face in a safe environment.
- Providing participants with the opportunity to develop life skills that are changing and permanent.
- Supporting participants to reconcile with significant others in their lives and to reintegrate into their community.

Approach

Foundation 61 provides a holistic approach to individuals dealing with life controlling issues. We aim to support them on their journey of recovery and to provide the resources and life skills that will enable them to rebuild their broken lives.



Reports:

Program Director's Report

July 2015 – June 2016

Men's Program

Our program continues to grow and develop as we aim to offer a well-rounded and holistic approach to our residential rehabilitation program.

We have partnered this year with Cloverdale Community Centre / Learn local to provide additional training for our participants. This has included various aspects of our program, including Introduction to Metalwork, Introduction to Health & Fitness, Introduction to Kitchen Operations, Introduction to Horticulture & Grounds keeping, Communication 101, Become Job Ready, Art & Personal Development, and Team Building & Assertiveness.

We have continued to train a number of staff, volunteers and participants in CIV AOD and Mental Health, Diploma of Community Services and Cert IV in TAE (training and assessment).

We have welcomed a number of new Staff and volunteers to Foundation 61 this year. Steve (Tin Man) is working with us training the fellas in welding and metal fabrication. Doug has come on board as a support worker on Wednesdays. Phil and Chris have come on board as part of our personal training team, Phil is here on a Tuesday morning working in the Gym and Chris takes them on a bike ride Friday mornings. We have also welcomed Cameron on work placement who will continue to work with us on staff on completion. Max a retired Psychologist has joined us working alongside Mark who is here on work placement. We felt a need to change our resident psychologist and this year welcomed Graham to the team. .

We have worked on developing sponsorship partners this year including Guardian Sponsors who sponsor one of our bedrooms and an Individuals recovery journey. To date we have 7 of our 15 rooms sponsored.

An opportunity to say thanks to all our volunteers and partners took place at the end of 2015. A dinner was held at Capri Receptions with around 70 people in attendance. Thanks goes to Dave Wilder for sponsoring the event and pulling together a wonderful evening of celebrating together.

Community development and outreach

Counselling – With the completion of the renovations I have now moved all external counselling from the One Care facility in Geelong West back to Foundation 61. This has allowed me to streamline my days with less time away from the property.

Whittington Community Lunch – Our community Lunch at Whittington has been in hiatus this year as the Bellarine Living and Learning Centre Kitchen underwent major renovations. The community lunches began again on the 3rd of October, a free two course meal is being provided each Monday to around 60 Individuals from the community.

Food hampers - Thanks to our partnership with Second Bite we are able to assist Individuals and families with food hampers on a regular basis.

Belmont High School - A highlight continues to be the opportunity and partnership we have with Belmont High School, speaking each year to the year 9 students about mental health with a strong emphasis on looking out for your friend not your friendships, in other words outing the Individual / person first.

Looking forward

Early this year we saw the completion of our Strategic Plan: 2015 – 2020, this has given us a road map for moving forward into the future. In addition we completed the Foundation 61 Prospectus – Women’s Rehabilitation service Model. Sincere thanks goes to Kaye and Hal for pulling this project together and producing such professional working documents. Thank you to Steve for working on the graphic design for the final document and seeing it to print.

Our big news this year came on the on the 20th May 2016, the Federal Member for Corangamite Sarah Henderson was joined by the Minister for Rural Health, Senator Fiona Nash in a visit to Foundation 61. The announcement was made that the Coalition Government has committed \$1.5m as part of the 2016/2017 budget towards Foundation 61 building a women’s rehabilitation centre in Geelong. This investment will allow Foundation 61 to undertake the purchase of land and begin the construction of the purpose built facility. This facility will provide the much needed residential rehabilitation beds for women struggling with substance addiction, including ice. We are eagerly looking forward to seeing this project begin.

It is with sincere and heartfelt thanks that I thank each and every person who has been part of the Foundation 61 Journey. We would not be able to continue our work here in our local community without the support off our directors, staff, volunteers and supporters who tirelessly get behind all that we do.

Rob Lytzki

Foundation 61 Program Director

Women's Program Report July 2015 – June 2016

It has been an exciting year with the announcement of funding for the Women's House and expansion of the women's programs. This has been a great encouragement to us all and we are grateful to Rob and the directors, especially Kay Ward Bisset in putting together the prospectus for the Women's Program.

Tuesday morning women's group has been very productive this year, with many women developing relationships and learning more about themselves. I use creative arts as a therapeutic approach in the group and I have continued my studies in Art Therapy. Debbie Kent has co-facilitated the women's group with the assistance of Rebecca Orifici. Their input and support throughout the year has been invaluable and they kept the group going when I had time off during the year. Relationship building is very important to the women in the group and Debbie has dropped off food hampers and met up with a number of the women who have needed the extra support.

Caroline and Debbie have organized a number of social activities including coffee Mornings, movie nights and a pot luck dinner that have been fantastic in offering new women the opportunity to develop relationships with those who are already in the group.

Rebecca has also been involved in working at Foundation 61 doing administration and has been organizing a monthly sausage sizzle outside 'What's for Dinner' butchers in Bellvue Ave in Highton. The money raised from this have gone into supporting the Women's programs and activities.

The interest in the groups have increased, including a number of women wanting to volunteer their time at Foundation 61 and we are about to commence another group for the women at the Bellarine Living and Learning Centre in Whittington on Thursday mornings.

Our women's camp retreat was held in November at Camp Wilkin in Anglesea. We had a fantastic time, our theme was 'blessed are the peacemakers' and it had a family flavour with a number of mother-daughter, and sister combinations attending. We were blessed by Kate Paunovich and Jules Haddock who were our guest speakers. Caroline and Debbie are busy preparing for our next retreat and we have already exceeded our numbers and have 30 women attending. We are looking forward to having Jules share with us again in November.

The groups are a great training ground for people wanting to work with others and we have continued to have a number of students doing their work placement hours with us and contributing to the group dynamics. They have been completing studies in Alcohol and other Drugs, Mental Health, Counselling and Community Services. Georgia Burr completed her Diploma of Community Services placement with us, and she is also an artist who shared her knowledge and expertise in mosaics in the women's group. Georgia also worked with me in the two Men's art groups that I facilitate each week and helped them to create a mosaic model which is going to be displayed in an art exhibition for Mental Health Week.

My role at Foundation 61 also includes training Certificate IV in AOD and MH, administration and facilitation of local learn programs.

Wendy Gibson

Women's Coordinator

Secretary's Report July 2015 – June 2016

Foundation 61 Program Statistics

Financial Year	2012 -2013	2013 - 2014	2014 - 2015	2015 - 2016
Referrals to Foundation 61	48	70	120	230
Bed Capacity	8	8	8	12
Participants entering rehabilitation	23	25	22	50
Age of participants				
18 – 29	8	7	5	13
30 - 39	8	9	8	17
40 plus	7	9	9	20
Case plans developed with participants	23	25	22	50
Participants exiting rehabilitation	21	22	21	39
Unplanned exits	10	12	14	7
Planned exits	10	10	7	32
Continuing in the Program	N/A	N/A	N/A	11
Outreach Clients - Men	12	13	12	15
Participants entering Transition House	7	4	3	2
Participants leaving Transition House	7	4	2	2
Total number of residents in Transition House	9	6	3	5

Comments in regards to the 2015 – 2016 year:

- 92% increase in referrals from the previous year
- 50% increase in bed capacity on the previous year
- 127% increase in participants entering the rehab
- Continued 100% case plans developed
- Decrease in % of unplanned exits (66% to 18%)
- Increase in planned exits (33% to 72%)
- 25% increase in clients supported after exit
- Decrease in entries to Transition House – greater stability
- Decrease in exits from Transition House – greater stability
- Increase in total number of clients assisted with Transition Program

Colin Brown

Secretary – Committee of Management

Committee of Management 2015 -2016:

David Willder B.Com, CA. CTA (Chairperson)

David is a partner of WMC Accounting with offices in Geelong & Colac and has been previously with KPMG Accountants working in the Corporate Recovery services, administering receivership and liquidation services. He is currently Treasurer of Colac Area Health (Hospital) and Treasurer of GAWS and was previously on the Board of OneCare Geelong. David has worked as a panel beater and in a family business. He owns Class Embroidery Geelong.

Colin Brown B.Sc (Ed) (Secretary)

Colin trained as a Secondary School teacher of mathematics and science. He moved into the Principal Class in 1991 and had a range of roles including Campus Principal, Assistant Principal and College Principal up until his retirement in early 2006. Since that time Colin has been involved as an Educational Consultant in a range of areas, including School Reviews and Project Management for the Victorian Department of Education and Early Childhood Development.

Alan Roy FCPA (Treasurer)

Alan is a qualified Accountant and has worked in financial management in the UK, South Africa and Australia. Since arriving in Australia in 1987 he has held Senior Management roles in two Public Companies. Alan has also worked in the area of Financial Planning and Taxation.

Hal Bissett AM, BSc (Hons), DipEd, BD

Hal is trained in science, education and theology. Over the last two decades however he has been involved in the community housing sector having established and led a number of community and church based housing services. Today he provides a private consultancy service specializing in strategic and business planning and project development in the growing area of affordable housing. His clients are private developers, state and local governments and Housing Associations.

Frank Pollock

Frank trained as a Telecommunications Technical Officer. After moving from the Public Sector to the Private Sector he moved into management. He had a number of management roles up until his retirement in 2007. His final full time role was that of General Manager Operations and Support (Australia) managing 350 staff in a large multinational company. Frank continued in a number of roles in consultancy and small business on a part time basis until his final retirement in 2014. Frank has also served in many church leadership roles over the past 30 years.

Wayne Henderson B.Com CPA

Wayne is a qualified Accountant and has run his own consultancy firm for the past 10 years. Prior to starting his own business Wayne worked in the banking and

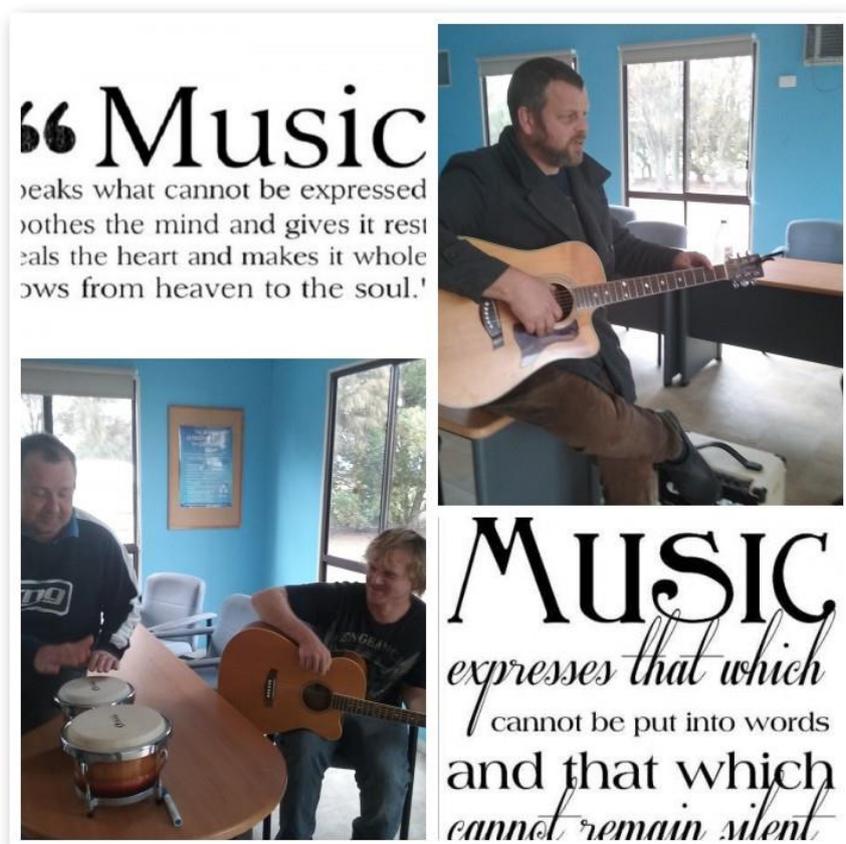
finance industry for 20 years at senior levels in the corporate lending area. As a consultant he has been involved in large scale property development, project management, organizational administrative functions and affordable housing projects.

Kaye Ward BA, BSW, Dip Ed

Kaye is a qualified Mental Health accredited Social Worker and Family Therapist. She has over 30 years' experience in providing counselling to people from all walks of life and from all backgrounds. She also has over 20 years' experience in the management of community service agencies in both the family violence area and low cost community counselling services.

Michael Brugman B.A, LLB

Michael is the principal lawyer at Criminal Lawyers Geelong. He appears regularly in court on behalf of people charged with criminal offences. He has worked as a barrister, community lawyer and solicitor advocate in Victoria and Northern Territory. Many of those he has worked with have struggled with addiction, mental health and other life issues which have brought them into contact with the criminal justice system.





2015 Women's Retreat Camp Wilkin

**Foundation 61 Inc
Financial Statements
For the year ended 30th June 2016**