



FOUNDATION 61 INC

ANNUAL REPORT

2016 -2017



Introduction:

Who we are...

Foundation 61 is a not-for-profit community based charity that seeks to provide healing and hope for people affected by addiction. It is incorporated under the Associations Incorporation Act (1981) and is endorsed by the Australian Tax Office as a Tax Concession Charity with Public Benevolent Institution status.

It was founded in 2005. Since then we have established ourselves as a recognised community service organisation in the health sector.

We run Geelong's only long stay residential based drug and alcohol rehabilitation centre.

Foundation 61 is well known by the drug and alcohol sector in Geelong, has a broad base of financial and volunteer support and a well designed facility with long term tenure.

Mission

Our mission is to empower people who are confronting addictions, whether it is to drugs, alcohol, gambling or any other life controlling issue, to experience healing in their lives and contribute positively to mainstream society.

Motivation

We are motivated by the Old Testament prophet Isaiah who painted a vision of society in which the excluded were liberated from their oppression and transformed emotionally, physically, socially and spiritually.

The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to preach good news to the poor. He has sent me to bind up the broken hearted, to proclaim freedom for the captives and release from darkness for the prisoners.

Jesus of Nazareth quoted these words as the foundation of his own ministry and the future for which he worked.

Values

Our values, while inspired by biblical texts, are consistent with modern aspirations for good practice in human service delivery.

We value:

- The dignity of every human being and the inherent respect due all people.
- A strength based model based on compassion and care that will assist people to transform their lives.
- Personal responsibility and the right to make choices which impact on one's own life.
- Community life and participation model rather than an institutional medical environment.
- Honesty and transparency in decision making and management.
- Person centered flexible delivery of our programs.
- The contribution of staff and volunteers.

Programs

We fulfill our mission through the delivery of a Residential Rehabilitation Program that includes:

- The provision of supported accommodation and a recovery program for people suffering from addictions.
- A program that responds to the individual needs and issues of participants in a caring and flexible manner.
- Offering participants who have experienced a significant life crisis an opportunity to address the difficulties they face in a safe environment.
- Providing participants with the opportunity to develop life skills that are changing and permanent.
- Supporting participants to reconcile with significant others in their lives and to reintegrate into their community.

Approach

Foundation 61 provides a holistic approach to individuals dealing with life controlling issues. We aim to support them on their journey of recovery and to provide the resources and life skills that will enable them to rebuild their broken lives.



Reports:

Program Director's Report

July 2016 – June 2017

Heading into our 13th year we continue to watch with anticipation the changes and the growth to our work at Foundation 61. It continues to be a priority to offer a balanced and holistic approach to our overall program.

This year we have welcomed on board Susan Finemore in the role of Education. Susan has worked tirelessly in overseeing the RTO (Registered Training Organisation) process. (In addition Susan has taken over the 'Learn Local' coordination in partnership with Cloverdale Community Centre and the liaison with the Bellarine Living & Learning Centre as part of our women's support groups).

We welcomed Cameron Sawyer on board at the start of the year, Cameron and his wife Vanessa, relocated from Melbourne to join us. Cameron brings with him a wealth of knowledge and great people skills and is settling into his role as Program Manager.

We welcomed the new volunteers who have been a great encouragement this year. Ari has joined us on Wednesday mornings running a mindfulness group and Sean and Roy have come on board as part of our overnight staff. We also farewelled a couple of valuable volunteers, Jack who has been with us for a number of years and Max who had to finish due to health complications. We are extremely thankful to all our volunteers who have given time and resources to the work of Foundation 61 and honour each and every one past and present.

An opportunity to thank our volunteers was held late November with a dinner at the Winter Garden Geelong. Sincere thanks to David Willder for sponsoring and organising this event.

Community awareness continues to be an important part of what we do at Foundation 61. We have again been invited back to Belmont High School to speak to all year 9 students - a highlight for me each year. In addition we have been welcomed into the Geelong Baptist College to speak to their students as well as a number of other community groups.

Community development and outreach

Counselling – this has been limited this year as I have focused more time and energy towards the planning of the Women's House. I have continued to see just a small handful of clients.

Whittington Community Lunch – Our community Lunch at Whittington's Bellarine Living and Learning Centre has been running well with a strong emphasis on getting to know the community and building and strengthening our partnership with BLLC. Kim & Caroline have continued to head up the lunches with a great team of volunteers.

This year we have partnered with 3216 Connect Op shop in seeing food hampers distributed to Individuals and families in the community. Each week we drop off 8- 12 crates of sorted vegetables, as well as meat and other items as they become available, this is then distributed to those in need of a little extra help. It is estimated

that up to 30+ households benefit from this food on any given week. This is only made possible through our partnership with Second Bite.

Looking forward

As we look towards 2017/2018 it is with great anticipation that we hope to see the finalising of land purchase as well as the building of the women's home started. To date we have identified a piece of land not too far from our current location and are in negotiation with the hope of securing this site to build on.

Already we have been blessed by the services of Paul Jackson, Mark Gratwick (Architects) and Chris Rowney for the plans and 3D walk through of the building.

We also hope to have news in the not too distant future with regards to registration as a RTO, this will provide opportunity to train participants and volunteers in a number of different skills and qualifications including Cert IV AOD (Alcohol and other Drugs), Cert IV Mental health, Cert II Metal work (subsequent to the end of the financial year we have been notified that our registration as a RTO has been approved).

In closing I again express my sincere thanks to our board of directors, Frank, Colin, Kaye, John, Hal and Michael for their valuable input and direction in seeing Foundation 61 meeting its goals and objectives and for all the support given to myself.

Rob Lytzki



Program Director Foundation 61



Women's Program Report July 2016 – June 2017

Our women's groups, camps and coffee mornings continue to provide great opportunities for women to connect and develop self-awareness. Over the past 23 months over forty women have participated in the groups and camp.

Each week two art therapy groups have run at the Bellarine living and Learning Centre. Debbie Kent and Rebecca Orifici have co-facilitated the groups and I have especially appreciated Debbie's heart and relationship building skills and Rebecca's administrative and creative ability. I have completed my certificate in Art Therapy and the Art and Personal Development programs have been effective in motivating creative change and self-awareness for both the women and the men at Foundation 61.

Throughout the year we have been developing projects for the Mental Health week exhibition, Art of the Mind. Last November the men exhibited their "Mosaic Man" and our piece this year is a combined work with both the men and women's groups working on CD art titled "Hope". Each of the CD's have been painted as individual expressions of hope and the combined work reflects the redemptive power of the cross. Some of the men are also working on individual works of art for the upcoming exhibition. We are grateful for Jules Haddock's support of Foundation 61 through the Art of the Mind.

Thirteen women have completed or are currently active in their work placements with us over the past 12 months and they have added a positive and inspiring dimension to the groups. Some of these women have continued to be a part of the groups after their course requirements have been completed, and have found the time in the groups is useful for their own personal and professional development.

The women's camp retreat was held in November at Camp Wilkin in Angelsea. Caroline and Debbie organised the program and Jules Haddock spoke on Anxiety. It was a wonderful time away with lots of laughs, relaxation, sharing our faith journeys, time to reflect on life and to be blessed. We are looking forward to our next camp later this year.

Wendy Gibson
Women's Coordinator



Secretary's Report July 2016 – June 2017

Foundation 61 Program Statistics

Financial Year	2013 - 2014	2014 - 2015	2015 - 2016	2016 - 2017
Referrals to Foundation 61	70	120	230	240
Bed Capacity	8	8	12	15
Participants entering rehabilitation	25	22	50	46
Age of participants				
18 – 29	7	5	13	10
30 - 39	9	8	17	19
40 plus	9	9	20	17
Case plans developed with participants	25	22	50	46
Participants exiting rehabilitation	22	21	39	34
Unplanned exits	12	14	7	6
Planned exits	10	7	32	28
Continuing in the Program	N/A	N/A	11	12
Outreach Clients - Men	13	12	15	16
Participants entering Transition House	4	3	2	2
Participants leaving Transition House	4	2	2	2
Total number of residents in Transition House	6	3	5	4

Comments in regards to the 2016 – 2017 year:

- A slight increase in referrals from the previous year
- 25% increase in bed capacity on the previous year
- 8% decrease in participants entering the rehab
- Continued 100% case plans developed
- Same level of unplanned exits as in previous year (18%)
- Increase in planned exits (72% to 82%)
- 25% increase in clients supported after exit
- Entries to Transition House same as previous year
- Exits from Transition House same as previous year
- Increase in total number of clients assisted with Transition Program

In conclusion we want to acknowledge and sincerely thank the Organisations, and many individuals, who have financially supported the Foundation 61 operation during 2016/2017. Give Where You Live, Geelong Community Foundation, The Rockefeller Family, Lions Club of Torquay, Moolap & Barrabool Hills Baptist Church, Waurn Ponds Community Church, Torquay Christian Fellowship (Torquay Early Learning Centre), Grove Plaza Pharmacy, Philippa Lytzki have all been significant partners during this financial year.

Colin Brown

Secretary – Committee of Management

Committee of Management 2016 -2017:

Frank Pollock (Chairperson)

Frank trained as a Telecommunications Technical Officer. After moving from the Public Sector to the Private Sector he moved into management. He had a number of management roles up until his retirement in 2007. His final full time role was that of General Manager Operations and Support (Australia) managing 350 staff in a large multinational company. Frank continued in a number of roles in consultancy and small business on a part time basis until his final retirement in 2014. Frank has also served in many church leadership roles over the past 30 years.

Colin Brown B.Sc (Ed) (Secretary)

Colin trained as a Secondary School teacher of mathematics and science. He moved into the Principal Class in 1991 and had a range of roles including Campus Principal, Assistant Principal and College Principal up until his retirement in early 2006. Since that time Colin has been involved as an Educational Consultant in a range of areas, including School Reviews and Project Management for the Victorian Department of Education and Early Childhood Development.

John Pelchen (Treasurer)

John has served as a director and consultant for Christian College, OneCare Geelong Ltd and the Barrabool Foundation and has provided assistance in starting up various not-for-profit organisations. He also runs a commercial consultancy business that works primarily in residential property development. Prior to this, he worked in the investment banking industry in Melbourne for JBWere and the Colonial Group as an investment manager.

Hal Bissett AM, BSc (Hons), DipEd, BD

Hal is trained in science, education and theology. Over the last two decades however he has been involved in the community housing sector having established and led a number of community and church based housing services. Today he provides a private consultancy service specializing in strategic and business planning and project development in the growing area of affordable housing. His clients are private developers, state and local governments and Housing Associations.

Kaye Ward BA, BSW, Dip Ed

Kaye is a qualified Mental Health accredited Social Worker and Family Therapist. She has over 30 years' experience in providing counselling to people from all walks of life and from all backgrounds. She also has over 20 years' experience in the management of community service agencies in both the family violence area and low cost community counselling services.

Michael Brugman B.A, LLB

Michael is the principal lawyer at Criminal Lawyers Geelong. He appears regularly in court on behalf of people charged with criminal offences. He has worked as a barrister, community lawyer and solicitor advocate in Victoria and Northern Territory. Many of those he has worked with have struggled with addiction, mental health and other life issues which have brought them into contact with the criminal justice system.

Foundation 61 Inc
Financial Statements
For the year ended 30th June 2017

