



Annual Report 2017–2018

What we do..

- Men's residential Drug & Alcohol rehab.
- Community Lunch
- Women's support groups Tuesday & Thursday
- Transition housing
- Counselling
- Annual women's retreat

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Our Story

Who we are...

Foundation 61 is a not-for-profit community based charity that seeks to provide healing and hope for people affected by addiction. It is incorporated under the Associations Incorporation Act (1981) and is endorsed by the Australian Tax Office as a Tax Concession Charity with Public Benevolent Institution status.

It was founded in 2005. Since then we have established ourselves as a recognized community service organization in the health sector.

We run Geelong's only long stay residential based drug and alcohol rehabilitation center.

Foundation 61 is well known by the drug and alcohol sector in Geelong, has a broad base of financial and volunteer support and a well designed facility with long term tenure

Mission...

Our mission is to empower people who are confronting addictions, whether it is to drugs, alcohol, gambling or any other life controlling issue, to experience healing in their lives and contribute positively to mainstream society.

Motivation...

We are motivated by the Old Testament prophet Isaiah who painted a vision of society in which the excluded were liberated from their oppression and transformed emotionally, physically, socially and spiritually.

The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to preach good news to the poor. He has sent me to bind up the broken hearted, to proclaim freedom for the captives and release from darkness for the prisoners.

Values...

Our values, while inspired by biblical texts, are consistent with modern aspirations for good practice in human service delivery.

We value:

The dignity of every human being and the inherent respect due all people.

A strength based model based on compassion and care that will assist people to transform their lives.

Personal responsibility and the right to make choices which impact on one's own life.

Community life and participation model rather than an institutional medical environment.

Honesty and transparency in decision making and management.

Person centered flexible delivery of our programs.

The contribution of staff and volunteers.



Program Directors Report

Rob Lytzki



Men's Program

It is almost 14 years since we began our work here in the Geelong community and this year we again have much to celebrate and be thankful for.

This past twelve months we have welcomed a number of new staff to our team at Foundation 61, Dean Ballantyne and Shaun Cadd have both joined us as support workers, two new trainers Stephen McFayden (woodwork) and Bill Ilrio (metalwork) and Lyn Johnston has joined our admin team.

We have continued to work alongside Cloverdale Community Centre and Bellarine Living and learning Centre to deliver Learn Local classes including, Art & Personal Development, Getting Started with Computers, Introduction to Health & Fitness, Become Job Ready, Communication 101 - Understanding Personal Dynamics, Introduction to Kitchen Operations, Introduction to Horticulture & Grounds keeping, Communication 101 and Team Building & Assertiveness.

Cameron has worked well this last year developing and growing into his role as program manager working well alongside our participants, staff and volunteers.

On a sad note we farewelled Bill Hooper a past staff and team member of many years at Foundation 61 who passed away at home. Bill was a valued member of our Foundation 61 community and is sadly missed by all who knew his kind and generous heart. it was a privilege for a number of us to take part in his funeral.

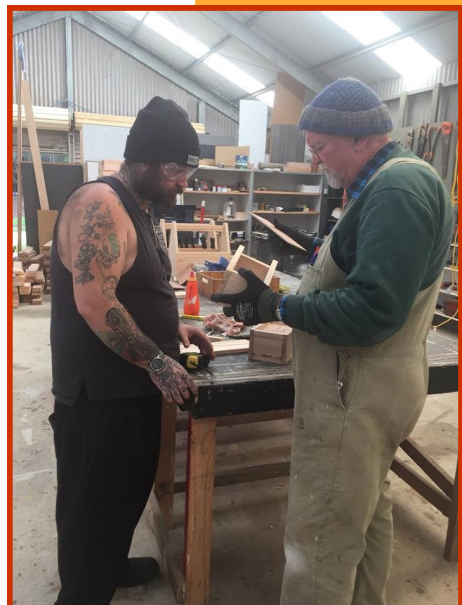
Community development and outreach

Counselling – I continue to see a small number of clients outside the men's program.

Whittington Community Lunch – Kim & Caroline along with their team continue to provide a great opportunity for Individuals in the community to find connection. Numbers this year have been a little lower than previous years due to some of our elderly finding it difficult to attend, the last few months has seen some new faces coming along..

The opportunity again to speak to the year 9 students at Belmont High continues to be a highlight for me, with every year 9 student attending sessions over several days.

We have also worked closely with Jules Haddock a Mental Health First Aid Trainer, giving opportunity for a number of our staff and participants to share their journey. This has flowed over to our involvement with "Art of The Minds" a program that highlights mental health in our local community.



House of hope

A large focus of my time this past 12 months has been working on the planning for women's residential program. A deposit was paid for the block of land at Russell's Rd and we have been busy completing all the required list of report's that will allow us to go to council. I have greatly appreciated the support and direction of Hal Bissett and the Committee of Management in bringing the big picture of this project together.

In the background I have also been busy engaging businesses and Individuals who will enable us to see the project completed by donating goods, services and time.

We are grateful to all have been part of this project this far and look forward to providing this much needed service to our community.

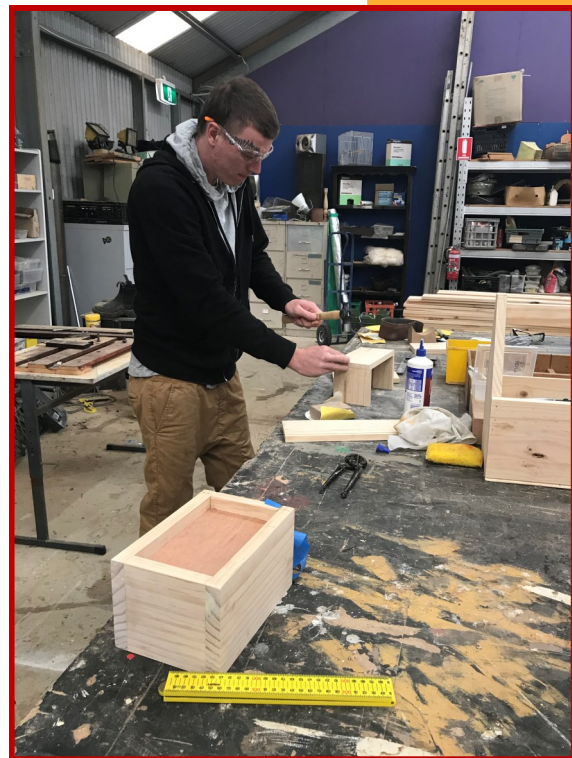
My sincere thanks to our staff and volunteers who without you Foundation 61 would not be the incredible community that it is.

I thank our directors past and present who work tirelessly behind the scenes on the governance of Foundation 61.

I am excited to see what the next 12 months has in store for us.

Rob Lytzki,

Program Director - Foundation 61 Inc.





Program Managers Report

Cameron Sawyer

I am very encouraged by how 2018 is shaping up for Foundation 61, there are lots of things to celebrate.

Over the past 6 months we have had a high number of participants completing the full 6 month program. Even more importantly, its brilliant hearing stories from participants who can articulate areas in which they have grown in. Life lessons, character development, emotional maturity, and self-discovery are all parts of participants stories. Its super exciting to watch participants grow as they embark on their journey to recovery. Whether it be classes, counselling, exercise, woodwork/metal work, and house duties, most participants have been embracing and engaging really well with the program.

It's very exciting to have students who do their placements with us at Foundation 61, as they complete their AOD and Mental Health studies. Shaun Cadd, completed his placement and is now employed at Foundation 61. Ian Groome also completed his placement with us, and is now doing an evening shift as a volunteer. We are attracting quality people to Foundation 61.

It is also super encouraging to have on staff Dean Ballantyne. Dean was a participant at Foundation 61 a few years back, and worked extremely hard on his recovery, and as a result is a great asset to the Foundation 61 team.

Foundation 61 is blessed to have a great group of volunteers. I am consistently impressed with the energy, positive role modelling and brilliant attitudes that our volunteers bring to Foundation 61. I am often surprised with the full investment that our volunteers give towards the participants. I am constantly reminded that it takes a team of volunteers and not just staff, to help participants on their journey towards recovery. We could not do what we do without our volunteers. Thank you!



I am super excited with the caliber of staff and volunteers we have at Foundation 61.

2018 has been a great year at Foundation 61.

Cameron Sawyer

Program Manager

Women's Program Report

Wendy Gibson



We have seen positive growth in the women's community groups over the past 12 months. The two Art and Personal Development groups held at the Bellarine Living and Learning Centre, have provided participants and students with a safe creative space to gain insight, share, encourage and support each other while developing positive life strategies. An evening Bible study and prayer group has also been well attended throughout the year and has given the women an opportunity to develop their faith, relationship and understanding of the Word. Our yearly retreat at Camp Wilkin in Anglesea is a highlight of the year where women who are currently or have been associated with Foundation 61 over the years get together for a weekend to enjoy each other's company. Caroline Lytzki and Debbie Kent organised a fun filled program that was refreshing, giving opportunities for personal insight, relationship building and recreation. Jules Haddock was our creative, faith filled and enjoyable guest speaker who spoke about strategies for overcoming depression and anxiety. Debbie Kent and Rebbecca Oriffici also shared their personal life journeys of overcoming life challenges and their hope filled insight was also inspiring. Social opportunities and support for women continued throughout the year with café catch ups and counselling support for individuals. In each of the groups we have had at least two students at a time completing their placement hours and the groups give them practical learning experiences to develop their skills in Community Services work. We are grateful for the work of Rob and the Board of Directors as they prepare for the building of the Women's House of Hope and we look forward to expanding the women's program in the future to provide wider support opportunities for women in our community.

Wendy Gibson

Women's Program Coordinator





Secretary's Report

Frank Pollock

Comments in regards to the 2017 – 2018 year:

A slight increase in referrals from the previous year but still a long wait list

Bed availability is at full capacity

13% increase in participants entering the rehab

Continued 100% case plans developed

Level of unplanned exits as a % of participants slightly increased 1.9% vs. 1.3%)

Level of planned exits as a % of participants slightly increased (63% vs. 60%)

Entries to Transition House increased on previous year

This has been another good year for Foundation 61.

John Pelchen who has contributed so much of his expertise to Foundation 61 over two separate periods was farewelled this year as he needed to reduce his workload and narrow the focus of his volunteer contribution.

We have been fortunate in being able to fill three casual vacancies with Colin Bell, Melissa Lovell and Brenda Huxtable bringing their individual expertise to our Board.

Frank Pollock

Secretary – Committee of Management

Financial Year	2014 - 2015	2015 - 2016	2016 - 2017	2017-2018
Referrals to Foundation 61	120	230	240	260
Bed Capacity	8	12	15	15
Participants entering rehabilitation	22	50	46	63
Age of participants 18 – 29	5	13	10	10
30 - 39	8	17	19	30
40 plus	9	20	17	23
Case plans developed with participants	22	50	46	63
Participants exiting rehabilitation	21	39	34	52
Unplanned exits	14	7	6	12
Planned exits	7	32	28	40
Continuing in the Program	N/A	11	12	11
Outreach Clients - Men	12	15	16	12
Participants entering Transition House	3	2	2	4
Participants leaving Transition House	2	2	2	4
Total number of residents in Transition House	3	5	4	8

Some Highlights



Frank Pollock (Secretary)



Frank trained as a Telecommunications Technical Officer. After moving from the Public Sector to the Private Sector he moved into management. He had a number of management roles up until his retirement in 2007. His final full time role was that of General Manager Operations and Support (Australia) managing 350 staff in a large multinational company. Frank continued in a number of roles in consultancy and small business on a part time basis until his final retirement in 2014. Frank has also served in many church leadership roles over the past 30 years.

Hal Bissett AM, BSc (Hons), DipEd, BD (Chairperson)

Hal is trained in science, education and theology. Over the last two decades however he has been involved in the community housing sector having established and led a number of community and church based housing services. Today he provides a private consultancy service specializing in strategic and business planning and project development in the growing area of affordable housing. His clients are private developers, state and local governments and Housing Associations.



Brenda Huxtable

Brenda in her current role as Finance Manager of Christian College Geelong brings to us a wealth of knowledge and will be a much valued member of our committee.

Michael Brugman B.A, LLB

Michael is the principal lawyer at Criminal Lawyers Geelong. He appears regularly in court on behalf of people charged with criminal offences. He has worked as a barrister, community lawyer and solicitor advocate in Victoria and Northern Territory. Many of those he has worked with have struggled with addiction, mental health and other life issues which have brought them into contact with the criminal justice system.



Kaye Ward BA, BSW, Dip Ed

Kaye is a qualified Mental Health accredited Social Worker and Family Therapist. She has over 30 years' experience in providing counselling to people from all walks of life and from all backgrounds. She also has over 20 years' experience in the management of community service agencies in both the family violence area and low cost community counselling services.

Committee of Management 2017 -2018

Committee of Management 2017 -2018

Colin Bell (BSc (hons), MSc, PhD, GCHLT)

Professor Colin Bell leads the Public Health Medicine theme at Deakin University's School of Medicine and is Deputy Director of the World Health Organization Collaborating Centre for Obesity Prevention. Colin's research has shown that nutrition-related interventions can prevent unhealthy weight gain and improve food security for adults (Samoan churches, New Zealand) and children (Australia). Colin has been the recipient of multiple grants from the ARC, NHMRC, Universities and government agencies. Prior to his current role, Colin worked for the World Health Organization and led the Food Secure Pacific initiative, culminating in the 2010 Pacific Food Summit and a framework for action on Food Security agreed by 22 Pacific Countries.

A nutritionist by training, he did postgraduate studies in community health at the University of Auckland, and postdoctoral studies on the nutrition transition at the University of North Carolina, Chapel Hill. He was born in New Zealand and has worked in Australia, Fiji, New Zealand and the Philippines. Colin is married with four children.



Melissa Lovell



Melissa has worked for more than a decade across a range of roles focusing on engagement with, and support of highly marginalised women. This includes working with women who are homeless and street involved in downtown Toronto, Canada, women who are exiting the prison system in Canada, women who are incarcerated and/or exiting the prison system in Victoria and also women who are involved in street based sex work in St Kilda. Melissa's current role sees her working in Primary Prevention of Violence Against Women in a specialist education capacity. Melissa has a Bachelor of Arts (Sociology and Public Relations), Masters of Education (Adult and Community Education specialisation) along with Masters of Criminology and Criminal Justice, Cert IV Mental Health, Cert IV AOD, CRAF Family Violence training and Mental Health First Aid. She is passionate about working with marginalised women and facilitating opportunities for them to address life diminishing challenges. She lives in Geelong West with husband Gareth, 2 young kids and a couple of spoilt and much loved animals.





2017 – 2018

Financial Statements

